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Brandywine Realty Trust's 401 Plymouth Road, 5 Eves Drive and 3 Barton Skyway Properties All Earn Prestigious EPA Energy Star Award in 2010

RADNOR, PA, September 14, 2010 — Brandywine Realty Trust (NYSE: BDN) announced today that it has earned three U.S. Environmental Protection Agency (EPA) Energy Star labels for its 401 Plymouth Road, Plymouth Meeting, Pennsylvania, 5 Eves Drive, Marlton, New Jersey and its 3 Barton Skyway, Austin, Texas projects. Both the 401 Plymouth and 5 Eves Drive buildings had previously earned Energy Star ratings and were re-commissioned and re-certified again for 2010 and the 3 Barton Skyway property is a new certification.

Measures taken by Brandywine Realty Trust to improve the buildings' energy efficiency include installing efficient HVAC units and coordinating closely with mechanical, electrical and plumbing engineers to ensure that the units are scheduled and controlled to maximize energy efficiency. Additionally, Brandywine utilizes a web-based energy analysis tool, which it monitors daily to make necessary adjustments.

"We are thrilled that we have maintained the high level of energy efficiency necessary to re-certify our Pennsylvania and New Jersey properties and are excited by the continued progress the Company has been able to achieve in having new properties like Barton Skyway qualify for an Energy Star rating. By continuing to implement new and innovative ways to reduce energy consumption, we have been successful in qualifying 27 buildings aggregating over 4 million square feet of space for Energy Star ratings, representing a doubling of our rated square footage over the past twelve months," stated Brad A. Molotsky, Executive Vice President and General Counsel for Brandywine Realty Trust. "We remain committed to continuing our company-wide focus on sustainability and on optimizing energy efficiency throughout the Brandywine portfolio."

Commercial buildings that earn the Energy Star use an average of 35% less energy than typical buildings and also release 35% less carbon dioxide into the atmosphere. Only commercial office buildings and industrial plants scoring in the top 25% of facilities located in the U.S. for energy efficiency are able to achieve an Energy Star label. Organizations earn the Energy Star by using the EPA's national energy performance system to generate energy-efficiency ratings for their buildings. For more information, visit www.EnergyStar.gov.

About Brandywine Realty Trust

Brandywine Realty Trust is one of the largest, publicly traded, full-service, integrated real estate companies in the United States. Organized as a real estate investment trust and operating in select markets, Brandywine owns, develops, manages and has ownership interests in a primarily Class A, suburban and urban office portfolio comprising 321 properties and 36.3 million square feet, including 239 properties and 26.0 million square feet owned on a consolidated basis. For more information, please visit our website at www.brandywinerealty.com.

Forward-Looking Statements

Certain statements in this release constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements involve known and unknown risks, uncertainties and other factors that may cause the actual results, performance, achievements or transactions of the Company and its affiliates or industry results to be materially different from any future results, performance, achievements or transactions expressed or implied by such forward-looking statements. Such risks, uncertainties and other factors relate to, among others, the Company's ability to

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lease vacant space and to renew or relet space under expiring leases at expected levels, the potential loss of major tenants, interest rate levels, the availability and terms of debt and equity financing, competition with other real estate companies for tenants and acquisitions, risks of real estate acquisitions, dispositions and developments, including cost overruns and construction delays, unanticipated operating costs and the effects of general and local economic and real estate conditions. Additional information or factors which could impact the Company and the forward-looking statements contained herein are included in the Company's filings with the Securities and Exchange Commission. The Company assumes no obligation to update or supplement forward-looking statements that become untrue because of subsequent events.